

Catholic College Sale

Remote Learning Guidelines

Setting Up Your Space



Make sure your devices are charged and connected to both power & wifi.



Have water and healthy snacks on hand.



Keep the tools you need – pens, pencils, paper, workbooks, textbooks, ebooks – close by.



Stay comfortable! Elevate your laptop, use a good chair and don't forget to stand up and stretch regularly!



Important: to ensure child safety, you must not video conference from your bedroom. Find a more public room. Please ensure you are wearing school or PE Uniform for any video conferencing.

Learning Schedule

| | |
|-------------------|---------------------|
| Pastoral Check In | 8.45 am – 9.00 am |
| Period 1 | 9.00 am – 10.00 am |
| Period 2 | 10.02 am – 11.02 am |
| Recess | 11.02 am – 11.25 pm |
| Period 3 | 11.25 pm – 12.25 pm |
| Period 4 | 12.27 pm – 1.27 pm |
| Lunch | 1.28 pm – 2.15 pm |
| Period 5 | 2.15pm - 3.15pm |

Balance



Regular exercise

Meditation



Check in with others

Have a brain break



Stay hydrated

Stay Connected

Check [SIMON](#) for updates - All lessons will be placed in the Class Notices of each learning area.

Check [emails](#) regularly

ICT support via SIMON link

Wellbeing support via SIMON link for counselling appointments

Enhancing Learning

Read a book or read ahead

Collaborate with peers through forums on SIMON

Revise key knowledge and skills

It is a key aim of the learning community to involve parents/guardians in learning experiences at CCS



Every Student Every Day