

Catholic College Sale

Remote Learning 2 Guidelines

Setting Up Your Space



Make sure your devices are charged and connected to both power & wifi.



Have water and healthy snacks on hand.



Keep the tools you need – pens, pencils, paper, workbooks, textbooks, ebooks – close by.



Stay comfortable! Elevate your laptop, use a good chair and don't forget to stand up and stretch regularly!



Important: to ensure child safety, you must not video conference from your bedroom. Find a more public room. Please ensure you are wearing school or PE Uniform for any video conferencing.

Learning Schedule

Pastoral Check In	8.45 am – 8.55 am
Period 1	9.00 am – 9.40 am
Period 2	9.45 am – 10.25 am
Recess	10.25 am – 10.40 pm
Period 3	10.40 pm – 11.20 pm
Period 4	11.25 am – 12.05 pm
Period 5	12.10 pm – 12.50 pm
Lunch	12.50 pm - 1.20 pm

1:20 - 3:20 Consolidation and Organisation

- Complete any outstanding work.
- Summarise notes from lessons.
(Notes, Posters, Flashcards)
- Email teachers for assistance.
- ZOOM Small group revision sessions.
(student lead)
- Physical activity and exercise.
- Wellbeing check-in with peers.

Stay Connected

- Check [SIMON](#) for updates - All lessons will be placed in the Class Notices of each learning area.
- Each lesson join [ZOOM](#) in uniform with your camera on for roll marking and instruction.
- Check [emails](#) regularly.
- ICT support via [SIMON](#) link.
- Wellbeing support via SIMON link for counselling appointments.
- Don't forget to check in with your peers!

Balance



Regular exercise

Meditation



Check in with others

Have a brain break



Stay hydrated



Every Student, Every day