

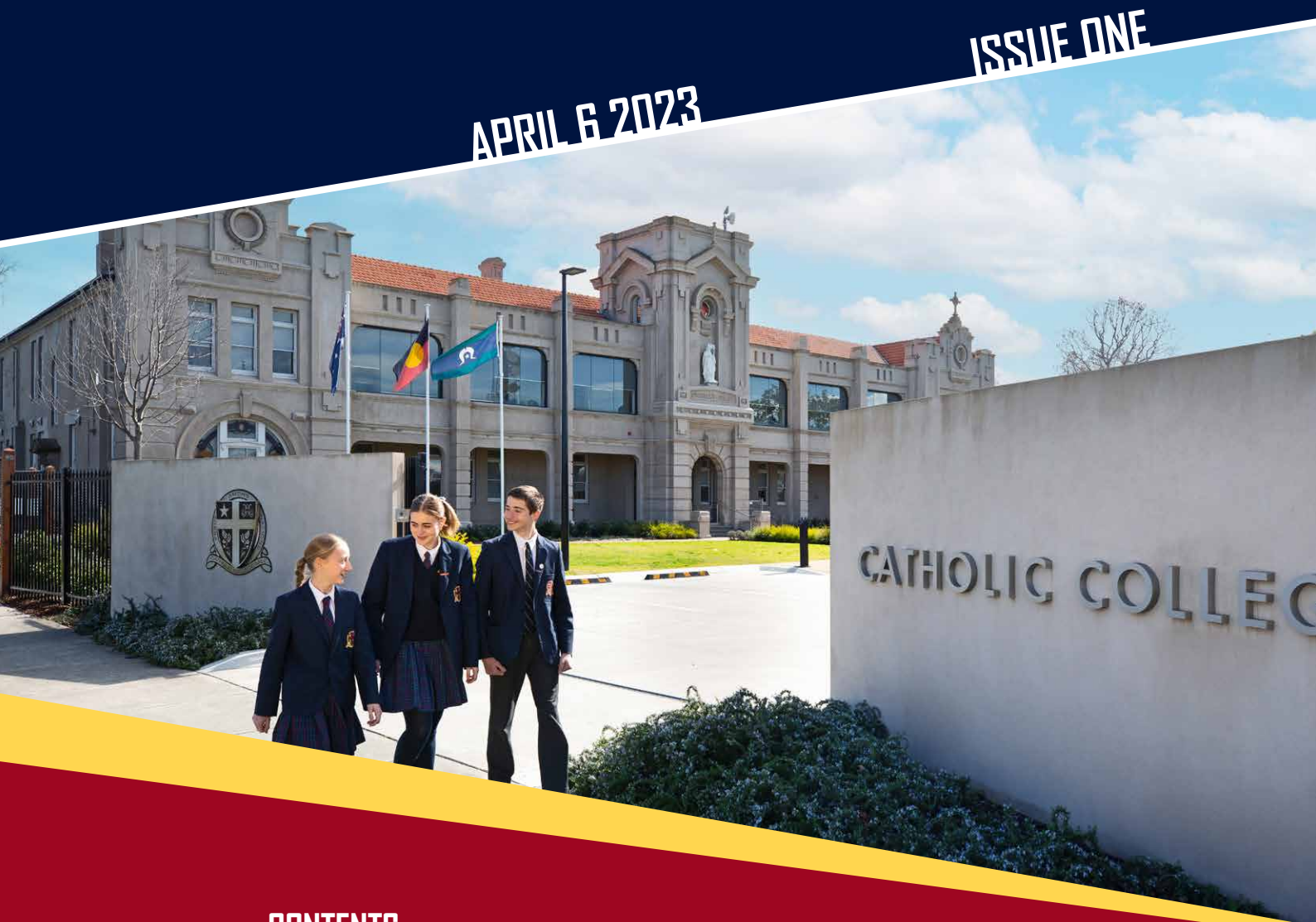


NEWSLETTER

Catholic College Sale

ISSUE ONE

APRIL 6 2023



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Principal's Report



Our theme this year is '**Created + Called: a revolution of love and tenderness**'

"Be who God created you to be and you will set the world on fire"

Pope Francis encourages believers to look to Mary so we can "believe once again in the revolutionary nature of love and tenderness. In Mary, we see the qualities of humility, tenderness and concern for others are not virtues of the weak but of the strong."



Welcome to our 2023 school year and first newsletter. We have had a wonderful start to the year with an enormous variety of activities taking place throughout February and early March.

At times we may not realise or understand what God has created us to be.

The artist Michelangelo once said "I saw the angel in the marble and carved until I set it free." Let us trust that God has already created us and we need only to let our perfect-self free by being our best-self.



In developing our theme for this year we will be focusing on '**Respect and Responsibility.**'

Respect for ourselves, others and our environment. **Responsibility** for our actions and to care for others who need our assistance. These core values are important in our home, our friendship groups, our school and our wider community.

"How wonderful it is that nobody need wait a single moment before starting to improve the world" Anne Frank (1929-1945).



Principal's Report

Liturgy

On Ash Wednesday, we remembered our commitment to strive to do better and to help those less fortunate than ourselves. All students and staff received the ashes as a reminder of our humanity. As we journey through this time of Lent may we grow in our understanding of our faith and our commitment to all who need our care.

Our Opening School Mass celebrated our Year 7 students by ringing them in with the Sion Bell and launching our Created + Called theme for the year.

Governance:

The Catholic College Sale Limited Board gathered on the 25th and 26th of February. Leonie Keaney, Chair of the Board of Directors, welcomed new Director Mr James Sullivan. The Board has identified a number of priorities for 2023, including:

- The review and development of a new School Improvement Plan for 2024-27
- A review of the College Masterplan
- A College curriculum review.

We thank the Board for their ongoing guidance and work for the College on behalf of the Company Members, Bishop Greg Bennet and Br Peter Carroll.

School Events

At our opening School Assembly we welcomed our wonderful Year 7 students, congratulated our twelve 90+ Club members for 2022 and heard an inspiring motivational speech from Sebastian Moore, the College Dux for 2022 (with an ATAR of 99.2. Sebastian achieved a perfect score of 50 in Extended Investigation. We congratulated and presented badges to our School Captains (Ellie MacGregor and Ethan Clohesy, our House Captains and all Year 12 students.

Already this year we have held our Year 12 Retreat, our Year 7 Camps, our Swimming Carnivals and numerous Outdoor Ed Camps.

Recently, the College held its Open Evening primarily for Year 7 enrolments for 2024. Nearly 500 visitors received information about the College and toured our beautiful facilities. As a College we emphasize that we continually strive to be the best school we can in providing education and pathways for all our students. We emphasise that this is achieved in a Catholic Values environment and that is the dominant reason why students attend our College. Our values are the values that are sought by nearly all broader community members.

Wishing all our student families and staff a joyful and growth-filled year.

Chris Randell
PRINCIPAL



Learning and Teaching



What a whirlwind start to 2023 – Term 1 has been full of learning and excitement. I'd like to extend a special welcome to all of our new students and families. I hope you're starting to become a little more familiar with your timetables, teachers and classrooms, and that you're feeling supported and

confident. Our 2023 strategic theme, 'Every Student, Every Day – Created and Called' reminds us of the unique personal gifts and talents every student brings to our community.

2023 Contacts Guide / Parent Access Module (PAM)

The partnership between students, parents and the College is vital to strengthen the learning platform for each student. We are continuing to strengthen communication and keep our community up to date on what is happening in the College. Our 2023 Contacts Guide is [available here](#).

I encourage all parents to regularly check the Parent Access Module (PAM). PAM gives parents access to student grades with teacher feedback, access to the school calendar and student profile which includes students timetables, attendance data, commendations and historical reports. Correspondence from the College is also accessible via PAM, including most letters and excursion permissions. When new correspondence is generated, an email notification is sent to alert parents/guardians.

New Reporting & Feedback @ CCS

At the end of 2022 the College reviewed its reporting process with the key aim of ensuring feedback was as accessible and actionable as possible. PAM allows for real-time feedback on students' results and provides a greater connection between the College and home. The College wants to ensure feedback is timely so students and families have an opportunity to put in place improvement strategies prior to the end of the Semester.

Parents and students have access to three cycles of formative feedback during a semester. These formative reports will provide feedback on student [engagement and organisation](#) along with simple actions that the student can take to further their learning in each subject. Leader of Innovation Mr Jason Goudie has put together this [informative video](#) outlining the features of these reports.

NAPLAN

The National Assessment Program – Literacy and Numeracy (NAPLAN) for Year 7 and 9 students has been completed for 2023. NAPLAN tests assess student knowledge and skills in Writing, Reading, Conventions of Language (spelling, grammar and punctuation) and Numeracy. The results of the tests provide information for students, parents, teachers and principals and can be used to improve student achievement.

I would strongly encourage our families to review the My schools website. The [My School website](#) enables parents to easily access information about our school within the local and wider community.

My School®



Student results



Learning and Teaching

I would like to remind students and parents of the extra support the College offers:

Homework Help – Notre Dame de Sion (Library)

English & Maths Teachers available
Monday, Wednesday and Thursday
3.45pm – 7.00pm.

Sustained Silent Study (VCE Students)

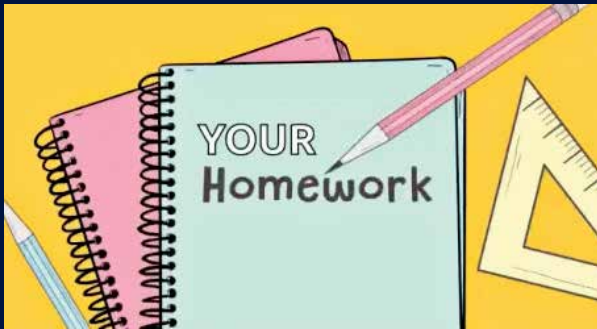
Wednesday 3.45pm – 7.00pm

(Notre Dame de Sion Library)

open Monday, Tuesday, Thursday 8.30am
to 5.00pm, Friday 8.30am – 4.30pm

Ratisbonne Centre (VCE Students)

open Monday-Thursday 8.00am to 6.00pm
Friday 8.30am – 4.30pm



Student Graduate Criteria

An important requirement of Catholic College Sale that parents and students need to be aware of at the start of a school year is the **Graduate Criteria**. This document outlines the criteria students must meet before they will get approval to complete a VCE or VET subject. The application process for these subjects will happen in line with our Subject Selection in early Semester 2. To read the Graduate Criteria [click here](#).

I wish everyone a safe and happy Easter! As we move onto Term 2, I encourage everyone to continue to strive for greatness and peruse the opportunity to develop a love of learning!

Cindy Foat

Deputy Principal Learning and Teaching



Learning and Wellbeing



I feel very honoured to be writing to you as the newly appointed Assistant Principal for Learning and Wellbeing. I hope that in this role I will be able to be present to the families in our community, our invaluable staff and the young people in our care. Working together we can provide not only a very important educational opportunity but also opportunities to grow and enjoy a variety of experience that will assist our young people to become well rounded individuals.

The school year has begun with its usual flurry of activity. Staff and students have been involved in a broad range of activities both at Year levels and as a whole school community. These include our Year 7 Student Induction Day, Year 12 Study Seminar Day, Years 10-12 Swimming Sports, Years 7-9 Swimming Sports, Ash Wednesday Liturgy, the 2023 Year 7 Enrolment Evening and the Opening School Mass.

These projects are made possible by our dedicated student Leaders and highly committed Staff. This was never more evident than our Year 7 Enrolment evening. No fewer than 15 students at various times attended between 4.00pm and 8.00pm. It was inspiring to see our young leaders answering the “call” and in doing so confirming their respect for their school and the opportunities they had been given here at Catholic College Sale.

The College would like to announce the appointment of those students who will form the 2023 Student Leadership Team. Together, these students share the responsibility of representing all students at the College, through regular engagement in College activities and participation in structured meetings with members of the College Leadership Team. There was a strong field of applicants from the College student body, and we as a College Leadership Team, are grateful to all those who submitted their expression of interest to join the Student Leadership Team. I would also like to take the opportunity to highlight to students and their families that the College offers support structures to assist students’ wellbeing and learning via their Pastoral Teachers and House Leaders. Further to this, we have three College Counsellors on-site, who are available to provide additional support for all students with their learning journey and personal development.

During Term 1, we saw large amounts of students bring energy drinks to school. Can I please remind families that energy drinks are banned at school and should not be packed in student’s lunch. A drink bottle filled with water is a much better option for our students.

Please remember, all students have access to two important areas to report any concerns they may be having with their own wellbeing or that of others. These can both be found on the home page of SIMON (see below).

School Links

- 1. PAT testing online
- 2 Library Hub
- 3. Counselling Appointments
- 4.1 Edrolo - VCE Studies
- 4.2 Stile (Science Textbooks)
- 4.3 Oxford Big Ideas (Humanities Textbooks)
- 4.4 Cambridge (Year 10 Maths Textbooks)
- 5. Pathways Website
- 7. 2022 Curriculum Handbook
- 8. Report Bullying
- 9. Internet Bypass (Code Required)
- Child Protection
- College News
- Feeling Safe Information
- Staff Email List
- Study Skills Website
- VCAA Exam Timetable

Learning and Wellbeing

Respect and Responsibility

RESPECT

holding the door
celebrate differences
Respect is earned
wearing the uniform with pride
social awareness
kindness
listening
manners
care
politeness
the golden rule
helping
looking after people's property
celebrate differences
greeting people
respecting community

RESPONSIBILITY

Respect others and be kind to people
be accountable
do your homework
Report wrong behaviour
Be organised
Use bins
Phones in lockers
be on time
Helping people
following instructions
Behave appropriately
Own your actions
Try your best
being kind
Using class time effectively
Excuse yourself if late

The “Whole School Approach to Positive Behaviours” committee has been working hard with staff, students and parents to identify those actions that typify these behaviours – Respect and Responsibility. These are the expected behaviours and actions enacted in our relationships with each other in the school community.

These actions are to be explicitly taught to students but most importantly are applicable to all in our school community. The language and actions are to be modelled and enacted by staff and indeed this whole approach begins with staff and their efforts to build relationships with students by emphasising positive actions and behaviour. There will be more details and discussion opportunities with parents as we continue to develop this culture.

The Resilience Project - TRP

The Resilience program is back for another year providing a space for our young people to reflect on their personal growth and mental health by viewing their world through the lens of Gratitude, Empathy, and Mindfulness. Greater explanation of this program for parents and carers can be obtained via the Discovering Resilience Parent and Carer presentation.

If you were unable to make this presentation evening on Wednesday 29th March, presented by Hugh Van Cuylenburg, a recording of this session is available as per [this link](#).

Hugh investigates how to embed gratitude, empathy and mindfulness practice in the home and supports the work students are doing with the Resilience Project at school.



Learning and Wellbeing

Parent & Community Presentation

At The Resilience Project, our mission is to teach positive mental health strategies to help people build happiness and resilience.

Some of the mental health statistics in our country are startling. Looking after our mental health doesn't have to be.

We are especially committed to delivering programs in primary and secondary schools. These settings have the greatest opportunity to instill positive wellbeing habits in our youth, and rewrite the confronting mental health statistics.

One in four adolescents will experience mental health problems this year and nearly two thirds of them will not seek help.

Alarming, one in seven primary school students are also likely to experience mental health problems this year.

Through engaging presentations, student curriculum, teacher resources and digital content, our School Program supports mental health not just in the classroom, but also in the family home.

During our Parent & Community Presentation, Hugh van Cuylenburg or Martin Heppell will share their experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.

The research is clear: the more positive emotion you experience, the more resilient you will be. For that reason we focus on three key pillars that have been proven to cultivate positive emotion: **Gratitude, Empathy and Mindfulness (GEM).**

Key Takeaways

As parents and carers, we know you want to show up for your kids, support their mental health, and encourage them to be the best they can be. An important part of showing up for our children, however, is first showing up for ourselves.

Our Parent & Carer Presentation will help you...

- Equip yourself with simple, practical tools to look after your own wellbeing.
- Be informed of the confronting mental health statistics in our country, and understand why prevention is the key to changing this narrative (especially for our children).
- Learn about GEM (Gratitude, Empathy & Mindfulness) - the evidence-based principles your kids' are living and breathing at school to feel happier and build resilience.
- Feel confident in holding positive wellbeing discussions with your family.

hello@theresilienceproject.com.au | (02) 8119 8302 | theresilienceproject.com.au

RESILIENCE PROJECT

Students Safety When Cycling to School

Since the commencement of the school year there has been an increased number of students selecting to cycle to school each day.

As our school is centrally located in Sale, students must ensure they arrive and depart the College grounds safely and follow all road rules and respect other pedestrians and motor vehicles.

Tips to stay Safe

Signs and signals

Cyclists must follow all traffic control signs and signals including:

- red lights
- stop signs
- give way signs.

At crossings, if there is a bicycle lantern, cyclists can continue riding across when the lantern is green. *For any other pedestrian crossings, cyclists must dismount and walk across the road.*



Who can ride on a footpath

You can ride on a footpath if you:

- are a child under the age of 13
- are a person 13 and over who is accompanying a child under the age of 13
- have been given and are following the conditions on a medical certificate that says you have a disability that makes it difficult for you to ride on the road. You need to follow the conditions on your medical certificate and show it to a police officer or authorised person when asked.

Riding on a footpath or shared path

When riding on a footpaths and shared paths, a bicycle rider needs to:

- Keep to the left on footpaths and shared paths (unless impractical to do so)
- Give way to pedestrians.

A cyclist is required to have a bell or similar warning device on his or her bicycle. When overtaking other path users a cyclist should use this warning device, or his or her voice to warn others.

Mobile phone use by the rider of a bicycle

Using a mobile phone is prohibited, except to make or receive a phone call or to use its audio/music functions provided the phone:

- is secured in a commercially designed holder fixed to the bicycle, or
- can be operated by the rider without touching any part of the phone, and the phone is not resting on any part of the rider's body but can be in a pocket.

Using a phone as a navigational device/GPS while riding is prohibited unless it is secured in a commercially designed holder fixed to the bicycle. All other functions (including video calls, texting and emailing) are prohibited.

The penalty is a fine of \$476. Demerit points do not apply to bike riders but do apply to drivers of motorised vehicles.

Be seen during daylight hours

Installing and using flashing lights during daylight hours can make you more easily seen by other road users. Wearing a bright shirt over your uniform may also assist to be seen by motor vehicles.

Learning and Wellbeing

Bicycle helmets

Cyclists and bicycle passengers need to wear a securely fitted and fastened helmet showing:

- a mark of compliance with the Australian Standard, AS/NZS2063
- the symbol of a [JAS-ANZ \(External link\)](#) accredited company (for helmets manufactured or imported after 1 July 2012)

Mandatory bicycle helmet laws were introduced in July 1990. This applies when riding:

- on roads and road-related areas
- on bike and shared paths
- in bike lanes
- in recreational parks
- in car parks
- on footpaths.

In special circumstances, you might be eligible for an [exemption from wearing a bicycle helmet](#).

Visit the [Wearing a bicycle helmet](#) page for more information about helmets.

Riding to school with other riders

A cyclist can ride next to another cyclist (this is called 'riding two abreast') on the road with the following rules:

- On single-lane roads, cyclists can't ride beside more than one other cyclist (unless overtaking).
- On multi-lane roads without a bike lane, cyclists cannot ride more than two abreast in each marked lane (unless overtaking).
- When travelling two abreast, cyclists shouldn't be more than 1.5 metres apart.

Tip for cyclists: when riding two abreast, consider other road users and if necessary, change to single file to help drivers overtake safely.

I would also like to remind parents and students to please not use bus bays during pick up/ drop off as this may lead to issues with buses and the council.

Finally, I would like to wish all students and their families a smooth beginning to the school year and encourage our students to look for the opportunities that are presented here at Catholic College Sale to explore and grow and move, at times, out of our comfort zones.

Kind Regards

Anthony Robbins

Assistant Principal – Student Learning and Wellbeing



Student Leaders



Congratulations to our 2023 College Leaders. Our College Captains, Ethan and Ellie were selected from a strong field as they demonstrated outstanding academic rigour, participated in all school events and strongly represented the ethos of Catholic College Sale.

Catholic Identity

Year 7 Charism Day

Year 7 Charism Day The Year 7s are introduced to our school on a special day each year which allows them to understand some of the culture, history and values of Catholic College Sale. Students spent time reflecting on the gifts of the Marist Brothers and Sion Sisters to our school community as they explored the Charism Garden and images at the front of the school. They also learnt

some of the history of the school in the Heritage Corridor where artefacts from the past are on display as well as a timeline of some of the important moments of the history of our school. The students were asked to reflect on how they thought the school might have changed over the years and how we keep our values alive in the community.



Opening Mass

We were pleased to welcome Fr Peter Bickley back to our school to celebrate the opening Mass. Members of the school board joined us to bless the beginning of the school year. A more recent tradition of having the Sion Bible signed by our school captains made up a special part of the ceremony. Our Year 11 RESA students also spoke about the Project Compassion campaign to raise funds for people less fortunate than ourselves during Lent.



Catholic Identity

Ash Wednesday

While our Year 7s were on Camp, the rest of the school broke up into house groups to celebrate the beginning of Lent. Each group were led through a prayer service which focussed on serving others in the world. As students received a cross of ashes on their forehead they were challenged to consider how they might help to make the world a better place.



St Patrick's Day

As our school is now based on the grounds of the previous boys' school, St Patrick's College, it is right and proper that we celebrate the patron saint of that school, and the Irish, on St Patrick's Day. The RESA students prepared a BBQ with green spiders and students came to school dressed in a wide range of green clothes to enter into the Irish spirit of the day. During lunch time students were able to listen to Irish music as they raised funds for Project Compassion.



Year 7 Phillip Island Adventure Camp



Year 12 Retreat

The Year 12 Retreat is a memorable part of the journey of each student who enters Year 12 at Catholic College Sale. Students attended retreats at either Rawson or Gelantipy and during this time they reflected on how they see themselves, how they fit into their family and local community and then spent time looking at the "bigger picture." They came to a broader understanding of the world we live in as well as considering their own spirituality and understanding of the divine in their own lives. Students enter Year 12 with a greater sense of community and a newfound confidence in themselves and their peers through this experience.



Looks like another busy year ahead for all Careers classes.

During Term One, our Year 12 students were interviewed by one of the Pathways team. This brief interview based on their future goals will help them focus on where they want to go in 2024 and what they need to achieve in order to get there.

Our Pathways Website holds important information regarding upcoming events relating to pathways, university early enrolments, scholarships and UCAT information for those who wish to pursue a career in Medicine. Please also check your emails for updates from the Pathways team. **The VCE and Careers Expo 2023 will take place at the Caulfield Racecourse from Thursday 4th to Saturday 6th of May, 9.00am-3.00pm.** This is the biggest careers and education event in Victoria and includes over 140 exhibitors. It also features seminars on VCE subjects, for more details [click here](#).

Year 10s are currently exploring their Career Journeys using our [Pathways Website](#). This allows them to create a profile for themselves mapping out their areas of interest and hopefully help them to achieve a clearer understanding of their future career goals and how to achieve them.

Our work experience program will commence in Term 2 for Year 10 students. This is an integral part of the career development process and can provide students with an opportunity to explore possible career options. Kristine

Morrison, our work experience administrator, visited all career classes at the end of Term 1 to explain the work experience process to our students. Students need to complete several activities in class and **MUST** complete Occupational Health and Safety training by completing their safe@work Certificates to prepare them for work experience. In addition, the timeframe involved is at least **2 weeks** from the initial application to the start of work placement. This allows time for the preparation and signing of all documents required. Students are expected to make their own arrangements with employers. We do not encourage parents/guardians to undertake this task on behalf of their child. We strongly advise our students to plan ahead and make enquires with prospective employers well in advance. All information on these work experience programs and available apprenticeships are advertised on our [Pathways Website](#).

We also were fortunate to have a group of Year 9 students participated in a virtual reality session run by MindFlight7. This unique experience allowed students to immerse themselves in different career opportunities, giving them a taste of what it is like in the real world, through VR. Some of the careers included surgeons performing heart surgery, forklift drivers, and astronauts exploring space!

I would encourage any student who has a query on any aspect of their future in the world of work to email me or make an appointment via the above website to meet with Mrs Considine or myself to discuss their queries.

Johanna Clancy
Pathways Coordinator



CCS Swimming Carnivals

Beautiful weather greeted staff and students at both our Senior and Junior Swimming Carnivals, held on February 14th & 15th respectively. The Lex Glover Swimming Complex once again played host to a pair of enjoyable days characterised by friendly competition and house spirit.

Students had the opportunity to trial for various swimming strokes and participate in some light-hearted games of water polo for inter-house bragging rights. Once house representatives were decided for Freestyle, Backstroke, Breaststroke and Butterfly, the 50m pool would take centre stage for our finals.

At our Senior Carnival, students have the honour of racing in two memorial events; the Peter Canny 100m Freestyle and the Bernard Peavey 200m Individual Medley – both events named in honour of two former students of the College. Congratulations to the following students who won these events:

PETER CANNY 100m FREESTYLE MEMORIAL EVENT

Girls – Tayla Bellion (Year 11) – 1:13.63
Boys – Ben Hall (Year 12) – 1:06.59

BERNARD PEAVEY 200m IM MEMORIAL EVENT

Girls – Tayla Bellion (Year 11) – 3:02.41
Boys – Ben Hall (Year 12) – 3:33.94

Other highlights included Stella Whitford breaking the record in the Year 10 Girls 50m Breaststroke event. Stella's time of 40.69 seconds bettered the existing mark of 41.12 seconds, set by Megan De Wys, which had stood since 2010. Congratulations Stella!

Congratulations to the following students who, based on their individual results, were deemed the best swimmers in their Year Level:

YEAR LEVEL CHAMPIONS

Year 12 – Mia Whitford and Ben Hall
Year 11 – Tayla Bellion and Zac Mezenberg
Year 10 – Stella Whitford and Kayd Richardson
Year 9 – Olivia Junck and James Arnup
Year 8 – Isabelle Haskew and Oliver Dyer
Year 7 – Lily Wheeler and Harry Whitford

HOUSE SPIRIT

Daly House (Overall)

Congratulations to DALY House, who were awarded the annual House Spirit award for their efforts at both the Senior and Junior Swimming Carnivals. Students were able to achieve points for this awards through participation numbers during trials, cheering, creative dress-ups, being sun-smart, tidiness of house area and results from the water polo competition.

At the end of the Carnivals, following 112 events, **Raphaella** House was crowned the 2023 Junior House Champions, while **Champagnat** House proved successful at the Senior Carnival, just edging out challengers:

JUNIOR HOUSE STANDINGS

- **1st – Raphaella – 450 points**
- **2nd – Champagnat – 403 points**
- **3rd – Allman – 376 points**
- **4th – Theodore – 323 points**
- **5th – Daly – 274 points**
- **6th – Paulinus – 249 points**

SENIOR HOUSE STANDINGS

- **1st – Champagnat – 516 points**
- **2nd – Raphaella – 401 points**
- **3rd – Allman – 399 points**
- **4th – Paulinus – 358 points**
- **5th – Theodore – 338 points**
- **6th – Daly – 330 points**

At the completion of both Carnivals, all House points were tabulated to come up with an overall Champion House:

OVERALL HOUSE STANDINGS (BERNARD PEAVEY MEMORIAL TROPHY)

- **1st – Champagnat – 919 points**
- **2nd – Raphaella – 851 points**
- **3rd – Allman – 775 points**
- **4th – Theodore – 661 points**
- **5th – Paulinus – 607 points**
- **6th – Daly – 604 points**

Congratulations to **Champagnat** House – our 2023 Champions of the Pool!

Sports

Finally, these events wouldn't be possible without support from several groups and individuals:

A big thank you to Mr Paul Lee for his assistance in making sure both events were adequately staffed and supervised, and classes back at the College ran smoothly. Thank you also to House Leaders and House staff for their enthusiasm and flexibility at both Carnivals.

A tremendous effort by our Student Leaders, particularly our Year 12 House Captains, for leading from the front and encouraging participation across both Carnivals: Kianha Kiely, Blake Ross (Allman), Kate Allman, Jay Diamond (Champagnat), Quinn Hose, James Parker (Daly), Felicity Nicolaci, Harry Spinner (Paulinus), Isla McCarthy, Jonah Ramage (Raphaella), Ella Bransdon and Jonathan Boyd (Theodore). Thank you also to our Student Voice Cabinet members across Years 7-9.

To our college administration and maintenance teams for their behind-the-scenes support with bookings, online permissions, attendance, equipment delivery and numerous other thankless roles.

To Mrs Cashman and Mrs Peatling and our Year 11 RESA students for giving up their time to coordinate two fundraiser BBQs, which raised a significant amount of money for Caritas Australia.

Finally, thank you to Geordie Cutler and her staff at Aqua Energy for hosting and providing terrific facilities for both Carnivals.



SSV Swimming

Following on from our College Swimming Carnivals, the 2023 CCS swimming team was selected for its first round of interschool competition. The first round took place at the Gippsland Regional Swimming Complex at Traralgon. From this event, all 39 students qualified for the second round, which was conveniently held back at Aqua Energy.

The College concluded the day with eight students moving on to the State Finals with both the 12-13 Boys Freestyle 4x50m relay team – made up by Oliver Dyer, Lachlan Arnup, Mitch House and Josh Hall – and the 15 Boys 4x50m Freestyle relay team – made up by James Arnup, Dean Feltis, Jett McMahon and Mack McMahon – winning their races. Oli also won through in the 12-13 Boys 50m Freestyle in a time of 31.04 seconds. We wish these students the best of luck at SSV State Finals at MSAC on April 28th.

The following students just missed out on progression to State Finals, but put in some stellar swimming efforts:

- **Oliver Dyer** – Boys 12-13 Years 50m Breaststroke (2nd); 50m Backstroke (2nd).
- **Zac Mezenberg** – Boys 17 Years 50m Breaststroke (3rd); 50m Butterfly (3rd).
- **Lily Wheeler** – Girls 12-13 Years 50m Butterfly (3rd); 50m Freestyle (3rd); 50m Backstroke (3rd).
- **Lachlan Arnup** – Boys 12-13 Years 50m Butterfly (2nd).
- **James Arnup** – Boys 15 Years 50m Butterfly (2nd).
- 12-14 Boys Medley Relay team (2nd).
- 12-13 Girls 4x50m Freestyle relay team (3rd).



SSV Cricket

Intermediate Cricket

On Friday the 10th of March the Intermediate Cricket Team had their first game of the School Sport Victoria (SSV) competition against Sale College. After losing the toss and being sent into bowl, CCS stuck early with Nic Walker taking a wicket in the first over. From that point wickets fell regularly throughout the innings as Sale College were bowled out for 55 in the 18th over. The best of the bowlers was Jesse Parker (3/0 off 1.2 overs), Thomas Boyd (2/2 off two overs) and Jacob Williams (2/9 off three overs). After the change of innings, the CCS opening batting pair of Harry Tatterson and Charlie Morris came to the crease with intent – Harry making 33 off 13 balls and Charlie aptly contributing with 18 off 16 deliveries. The pair were retired at the end of the fifth over, allowing Thomas Boyd (12 runs off 7) and Jesse Parker (10 runs off 6) to come in and finish the game. The team will advance to the Wellington Division final the 29th of March.

Year 8 Cricket

Wednesday the 8th of March saw our Year 7 and Year 8 Cricket teams compete at their first round of SSV competition. The Year 8s played off against Kurnai College, while the Year 7s had matches against Sale and Maffra Secondary Colleges.

In the Year 8 match, CCS won the toss and elected to bat, with openers Blake Rowley (29 runs) and Mitch Robinson (51 runs off 26 balls) getting the team off to a flying start, both batsmen retiring after the 10th over. In the second half of the innings, the middle order batsmen Josh Duffield (35 runs) and Patrick Horan (24 runs) kept the total ticking over, pushing CCS finished 3/195.

After the change of Innings wickets fell early as both Beau Cottrell (1/8 off 3 overs) and Hudson Johnson (1/4 off 2 overs) were able to take a wicket each inside the first three overs leaving Kurnai 2/6. Wickets fell often throughout the innings and Kurnai ended up being bowled out for 59 in the 19th over. The best of the bowlers were Patrick Horan (2/0 off 1 over) and Charlie Kelly (2/3 off 2 overs). The team will advance to the Gippsland Finals in Term 4.

Year 7 Cricket

The Year 7 team had a similarly successful day, winning the toss in their first game and electing to bat against Sale College. CCS proceeded to make 6/64 off their allotted 12 overs with cameos from Jaxon Grant, Mac Birss and Oliver Sullivan – who each contributed 11 runs to the total. After the change of innings CCS started strongly with opening bowler Oliver Sullivan bowling a wicket maiden to start the game. He would finish with 2/4 from two overs. Will Foster was the other wicket-taker (1/2 off two overs), while Mac Birss, Harry Whitford and skipper Xavier Hurley also bowled economically.

In their second match, CCS again won the toss and decided to bat. Xavier and Ollie continued their form from the previous match, hitting 43* not out retired and 38* not out. Jaxon Grant was the other not out batsmen, hitting a run-a-ball 7* not out. In response, CCS put in its best collective effort of the day, restricting Maffra to a total of 17. Kain Pritchett (3/4 off two overs), Archie Domaille (2/3 off two) and Xavier Hurley (2/4 off two) were the chief wicket takers. The team will now join the CCS 9/10 team at the Wellington Finals on the 29th of March at Sale.



Clay Target Shooting (Bairnsdale)

On Tuesday March 14th, the College's clay target shooting team attended their first event for the year – the Bairnsdale Field and Game Riviera Schools Championships. The College sent seven squads comprised of 32 students, to the event with mixed results. At the top of the leader board, CCS had four teams place in the top 10.

- 65 targets hit out of 100 – Mack McMahon, Cruz Coggan, Paxton Fulford, Jett McMahon & Kody Shingles
- 62/100 – Madix Grattan, Jackson Foat, Taelan Jack Cantwell & Matt Murphy
- 61/100 – Ashton Wright, Will Gerrand, Ollie Mavor, Oska Ward & Declan Carstairs
- 60/100 – Cooper Rand, Lachie Rand, Morgan Visser, Jess Murphy & Charlie Cantwell

We also had a handful of students do well individually. Cooper Rand (Year 8) finished equal first in the Under 15 Boys category, claiming 17 out of 20 targets. In a tense shoot-off to determine first and 2nd place, Cooper hit four-out-of-five shots, just one short of his Nagle counterpart, who hit all five clays. Other notable performances on the day came from Ashton Wright (16/20) and Madix Grattan (14/20) in the 15 and over section and Mack McMahon (16/20), Will Cook (14/20), Cruz Coggan (14/20) and Jasper Carstein (14/20). In the girls category, Morgan Visser (12 out of 20) and Jess Murphy (11/20) put up competitive numbers. A big thank you to Mr Turner, Ms Robbins, and Mr Smith for attending on the day.

Stratford Pony Club Interschool Event

Hosted by the Stratford Pony Club earlier this term, the College had several students participate in the annual Stratford Pony Club Challenge at the Sale Showgrounds on Wednesday 22nd of February.

Over 140 riders from 41 different schools across Victoria competed in the event, traveling from as far east as Orbost and as far north-west as Seymour to take part.

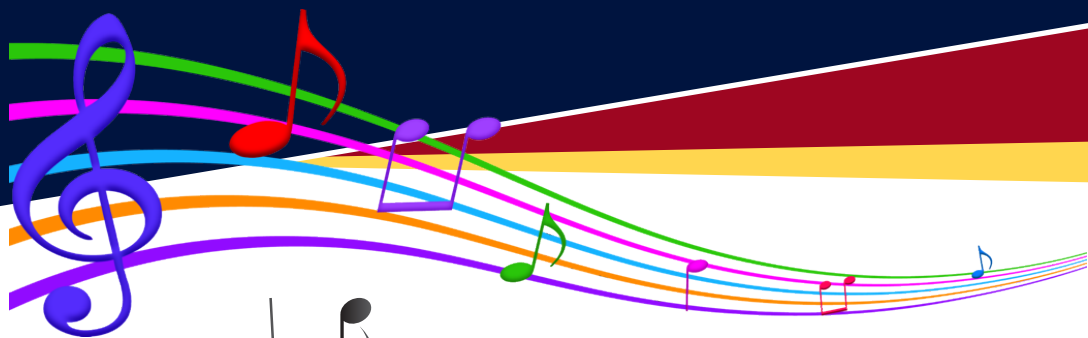
CCS teams and riders competed in various show jumping disciplines, races and games across the day. The College had had three teams enter the event, made up of the following students: Emily Kelly, Mady Arndt, Matilda March, Grace Liepa, Tahlia Akers, Sarah Ross, Beau Cottrell, Jess Murphy and Kate Coleman.

Our best placed team on the day finished on 54 points. Two members of this squad, Matilda March & Grace Liepa, finished as individual champion and runner up in the Year 8 age category.

Other riders to put in great results were Tahlia Akers (23 points), Jess Murphy (16 points) and Beau Cottrell (13 points).

A big thankyou Kalinda Wade, Kylie Gault and the organising committee at the Stratford Pony Club for their organisation of this terrific event. Thank you also to the parents, grandparents and guardians of CCS students who were able to support on the day.





Music Department News

Welcome to 2023 and a new year of music making at Catholic College Sale.

The demand for music lessons is continuing to grow which is fantastic news not only for the Music Department but also for the College as a whole. We are so fortunate to have such high quality and experienced teachers working for us: Mr Roy Condeza for Choirs, Rock Bands, vocal, guitars, drum kit, keyboards; Mr Cruickshank (Concert Band) and Ms Roffe (Strings). This means that our ensembles can continue to grow in quality and quantity. There is a Concert Band, a String group, Sion Singers – open to all interested Year 7, 8 and 9 students, Show Choir – a select Senior close harmony group, MVC – a male vocal group open to all interested males, a Guitar Ensemble, and we have just successfully auditioned interested Year 7 and 8s to form two Junior Rock Bands. We also encourage students to form their own ensembles and run other ensembles as the need arises throughout the year.

Performance opportunities

We have informal school performance opportunities throughout the year, mostly at lunchtimes. We have after school concerts coming up early in Term Two so that parents can enjoy our performances and so that our ensembles and soloists get a chance to perform before upcoming Eisteddfods and other events. The dates for these are May 10th and May 11th, in St Mary's Hall and further details will be available closer to the time. The first Eisteddfod is the Sale Eisteddfod and the dates for this are not precise at the moment but are advertised to be between the 23rd and the 27th of May.

Places available

It is not too late to join in the activities in the Music Department – we have new members joining all through the year! We would particularly like more flautists and a string instrumentalist or two is always welcome. There is also one vacancy for acoustic double bass. Unfortunately, some instruments are fully booked, but a waiting list exists, and in the meantime, you could always try a second choice. Pick up an application form from Student Services and see Ms Roffe, or any of our other music teachers if you would like to start learning an instrument. All you need is enthusiasm and a willingness to practice regularly.

Ensembles

Playing music in an ensemble is an essential part of learning your instrument, and for most students the element that they get the most pleasure from. Joining a suitable ensemble is therefore a compulsory part of the College Instrumental Program. Our ensembles are not limited to those learning an instrument at school, however. If you have an interest in playing in one of our ensembles or singing in one of our choirs just let us know.

Currently rehearsals take place at lunchtimes for most ensembles, however Show Choir also rehearses after school from 3.30pm – 5pm on Thursdays.

Thank you all for your continued support of Music at Catholic College Sale.

Ann Roffe

Head of Music

Year 8 Humanities

Year 8 Humanities

Year 8 Humanities students are currently studying Geography and are looking at landscapes and landforms. In small groups, students selected a landscape and then had to design and create a model of that landscape which included the common landforms. Students used recycled materials, glue and coloured paper in the construction process. They then became the teacher and had to deliver a presentation to the class teaching the others about that landscape and the landforms.

Chanelle and I chose an alpine tundra as our landscape. In my honest opinion, Chanelle and I worked and co-operated well to the best of our abilities to build, write and present our 3D model of an alpine tundra landscape. We used newspaper as our base to construct the mountains of our model. We used glue and water to build up the newspaper to create various snow-capped mountains along with a river and a rocky terrain. When we fully laid out the newspaper, and it had been glued and dried down to our satisfaction, we got the allocated colour of paper. We used white and black for the mountains, strategically placing the white at the

tips of the mountain to create a 'snow-capped mountain.' We glued down layers of black paper on the ground to construct a rocky terrain. In the middle of our display, we added a river and we layered bits of dark blue tissue paper with lighter shades of blue to add highlights. We also used a mid-toned blue as the background to add the illusion of a sky.

Chanelle Caruana and Olivia Phelan

Charlie and I chose the Human landscape. A human landscape is man-made objects that are not naturally created; it usually consists of buildings, houses, roads, bridges and schools. I thought Charlie and I worked well. We probably had the biggest box and we managed to fill the space. In our box, we have a Town. It has some houses on the side that we built last minute, a park with trees and bushes and it has a main building with a carpark and road leading into it. There is also a bridge in the corner as well. To make our landscape we worked together by each having jobs I did the roads, river and main building.

Sam Nowak and Charlie Kelly



Student Achievement



Victorian State Championships for Small Bore Shooting

Congratulations to Morgen Visser who attended the Championships on Sat & Sun 24 & 25th. She placed first in the Vic State Championship on Sunday and walked away with the Victorian State Champion title for 50m Bench Rest for juniors and sub juniors. This is an amazing achievement!

Morgen has been shooting at the Sale Small Bore Rifle Club for the past 14 months, and now has the opportunity to undertake training and coaching with the ISSF using Air Rifles, and is trying out for the Australian International Junior team to compete overseas next year.

We wish Morgen the best of luck!

Year 12 Student Charlee Vernon
Heywire Story.



Important Information



The College Junior Football Club offers a safe, friendly and inclusive environment for both boys and girls.



REGISTER TODAY

Registrations are now open for all teams (under 9s, 11s, 13s & 15s). Simply fill out the registration form on-line at: <https://www.playhq.com/afl/register/a5db27>

For all enquiries please email collegejfc@gmail.com

now open!!

2023 Camps, Sports and Excursion Fund (CSEF)

If you are in receipt of a Health Care Card / Pension Card / Gold Defence Card, you may be eligible for the 2023 Camps, Sports and Excursion payment of \$225.00 per student.

Applications along with a copy of your card must be handed into Reception no later than close of business 23 June 2022. Please contact the College on 5143 9700 for an application form, alternatively you may download it [here](#).



Term Dates 2022

Term 1 Wednesday 1 February (Year 7 & 12) / Thursday 2 February (All Students) – Thursday 6 April 2:15pm Finish

Term 2 Wednesday 26 April – Friday 23 June 2:15pm Finish

Term 3 Tuesday 11 July – Friday 15 September 2:15pm Finish

Term 4 Monday 2 October – Friday 8 December

Public Holidays/ Students Free Days

Monday 13 March – Labour Day Public Holiday (College Closed)

Tuesday 25 April – ANZAC Day (College Closed)

Friday 9 June – Student Free Day

Monday 12 June – Queens Birthday Public Holiday (College Closed)

Monday 10 July – Student Free Day

Wednesday 16 August – Student Free Day

Monday 6 November – Student Free Day (College Closed)

Tuesday 7 November – Melbourne Cup Public Holiday (College Closed)

Friday 24 November – Student Free Day

Events

TERM 2

Wednesday 26 April First day Term 2

Wednesday 16 May – Friday 19 May Year 10 Camp Ballarat

Wednesday 3 May Athletics Carnival

Thursday 1 June – Thursday 8 June Exam period

Thursday 15 June GAT VCE & VCE VM Students

Thursday 21 June VCE PST Interviews

A full list of events can be found on our website.

Second-hand Uniform Shop



Just a friendly reminder that we are still running a well-stocked second hand uniform shop at Catholic College Sale. All orders are to be submitted online, either through PAM or from our Website under [Enrolment - College Uniform](#).

With second term just around the corner, we advise that we have a great range of winter uniform in stock. We also have a huge range of sport jackets in sizes ranging from 10 through to XXL.

New College Blazers are available through the school, along with a range of second hand Blazers.



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